

Bread Descriptions and Ordering – Spring 2024

The Spring CSB begins April 18th and runs 6 weeks.

Print this page, indicate which subscription(s) you prefer, and return it with a check payable to “Companion Breads” to: 441 Juniper Street, Mahtomedi, MN 55115 by Tuesday, April 9th.

To ensure your order please send an email to me as soon as possible indicating your order. Email to bryce@companionbreads.com. Subscriptions may fill up before I receive your check.

BREAKFAST BREADS (\$48)

- Craisins & Walnut Levain – a traditional French sourdough chockful of craisins and walnuts.
- English Muffin Toasting Bread - just like it says, English Muffins in a loaf. Delicious.
- Golden Raisin Wheat – this long fermented whole wheat loaf is filled with lots of golden raisins.
- And more...

WHOLE GRAIN BREADS (freshly milled local grains from Bakersfield in Mpls.) (\$48)

- Country Wheat – 100% high-extraction Minnesota flour and naturally leavened.
- Fig & Pecan Loaf - figs and pecans are folded into a wheat, whole spelt and oat dough.
- Hippy Bread (aka Seeded Wheat) – This recipe comes from a baker whose father said, “any bread made with this many seeds is for hippies.” A whole grain sourdough sweetened with maple syrup and loaded with a variety of seeds.
- And more...

HERITAGE GRAIN BREADS (the primary ingredient is each variety is Turkey Red, Spelt, Red Fife Einkorn, or Rye) (\$52)

- Heritage Honey Loaf – a pan loaf made with Red Fife sifted flour and a touch of honey. Red Fife is an organic heritage red wheat which first came from Scotland to the US in 1842.
- Drunken Fig – a whole wheat sourdough bread enhanced with wine marinated figs and a touch of buckwheat flour.
- Miche - a 3.5 lb. sourdough loaf divided in half featuring Red Fife and Emmer flour.
- And more...

Every Other Week Subscription (smaller households can benefit from the “Every Other Week” subscription plan which includes 2 loaves over the 4-week period)

Breakfast Breads (\$25)

Whole Grain (\$25)

Heritage Grain (\$27)

Name _____

Email _____

Amount enclosed: _____

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